



ASSOCIATION FOR PROFESSIONAL
HYPNOSIS & PSYCHOTHERAPY

Criteria for Course Accreditation

Benefits of Accreditation:

- Being accredited by an established professional association with over 22 years history.
- Use of our logo on your website, documentation, & certificate/diplomas
- Automatic inclusion onto the APHP website with a listing outlining details of your training plus active links to your website and email
- Your Students awarded student membership with APHP free of charge for the entirety of their training
- Automatic membership awarded on application for your graduates at LAPHP grade
- A discount for your graduates for membership to the APHP (for their first year membership)
- The ability for your students to be able to apply to the CNHC via our verification service

What we need from you:

In order to be considered by the APHP for accreditation, your course will be required to fit a certain criteria and you will need to provide in-depth details of your course content and any other components of the training that you do.

When diploma level training is accredited by the APHP it is deemed that the graduates of the course will have been trained to a high standard, following the National Occupational Standards (NOS) for hypnotherapy training requirements, as outlined by the CNHC, which can be found here:

<https://www.cnhc.org.uk/sites/default/files/Downloads/Hypnotherapy-core-curriculum.pdf>

You are required to read this document and make sure that your course covers all elements outlined within it before applying to the APHP.

As the APHP is a verifying organisation for the CNHC, any graduates of your course who join us at LAPHP grade, are eligible for fast track registration to the Complimentary & Natural Healthcare Council (CNHC) on their hypnotherapy register.

It is for this reason that our criteria must follow strict guidelines and the courses accredited by us are required to adhere to them. If accepted, your course will be subject to a review every 3 years to ensure that the training still meets the standard required to be accredited by us.

Requirements of application:

You are required to submit via email:

- A) Your course prospectus with a *clear breakdown* of number of live sessions attended and what topics are covered in each module.
- B) Number of hours the course runs classroom-based (live) face to face tuition with a tutor (Pre-recorded content cannot be included in the hours for this section)
- C) Number of different techniques taught, including the names or specifications
- D) The number of supervised hours where students are observed by tutors in live demonstrations/practicals
- E) Number of hours expected that the student will complete outside of the classroom.
This can include pre-recorded content, reading, note making, writing assignments, case studies, tests, exams and practicals
- F) A cross section of approximately 50 pages of training, this needs to clearly demonstrate literature given to students including training content and handouts
We reserve the right to ask to see the full content of the course
- G) Any test papers and the final examination paper
- H) The details of how assessments and examinations are marked/graded
- I) Names and contact details of any tutors involved with the course, their qualifications and how long each has been in practice
- J) Provide your business insurance documentation

We reserve the right to request sight of any of the course content or procedural documentation at any point.

If you do not supply all of the above your course will not be considered for membership.

Practitioner level training requires:

The development of students who are trained to an ethical, safe and competent level.

A minimum of 450 hours overall time spent on the course, to include the following:

Live Guided Learning (minimum of 120 hours)

Live guided learning is in real time and tuition is undertaken by a tutor, teacher, or lecturer.

Directed Learning (minimum of 165 hours)

Directed learning means learning which has been laid out by the course tutor and must be completed.

Independent learning (minimum 165 hours)

Independent learning means learning outside of the classroom.

The training should include the following elements:

- A thorough understanding of boundaries, ethics, public safety & the law
- A thorough guide to safeguarding and who should not be hypnotised
- A thorough understanding of confidentiality & GDPR regulations
- Advice on ASA standards and how to adhere to advertising/testimonials
- A clear complaints procedure
- A code of ethics
- A good theoretical and historical understanding of hypnotherapy
- An understanding of contraindications & any appropriate action needed
- The therapeutic process including the subjects of rapport, transference etc
- Induction and termination of trance
- A sound understanding of a number of different therapeutic approaches/techniques
- An understanding of abreaction & how to work with them safely
- Practice in class with fellow students and the opportunity to ask questions/obtain feedback
- Provide a way to identify growth and progression in the student, including student feedback form
- Provide real-time assessments both theoretical and practical within the classroom
- Written assignments that are assessed by a tutor throughout the course.
- Written case studies that are assessed (minimum 3)
- A required reading list
- A final exam that is assessed independently by a qualified hypnotherapist who is not a tutor on the current course.

Independent learning

Independent learning means learning outside of the classroom and can include the following:

- Homework assignments & practicing techniques
- Meeting with fellow classmates for practicals and theoretical discussions
- Further reading and research to do with the topics covered, can include watching videos
- Research for assignments and exams
- Assignment and exam compilation

Please pay particular note to the following points:

- Only practitioner level courses are entitled to accreditation.
- You must actively display the APHP logo on any correspondence you give to your students, plus on student certifications/diplomas and on any website that promotes your practitioner level course.
- You must inform students on successful graduation of your course that they are entitled to join the APHP association at LAPHP level.
- You must provide the APHP with names and email addresses of students of your practitioner level courses, and the dates their course starts and terminates.
- Must inform us of any student who withdraws from your practitioner level course, or do not graduate for any reason
- You are subject to a review of your course literature every 3 years.
- We can request to see any part of the course at any time if we deem necessary
- You must have up to date ethics documentation and complaints procedure
- You must have up to date running business insurance
- In order to continue your accreditation, you are required to pay an annual fee of £150

Membership and accreditation of your training course is at the discretion of the APHP. All decisions made are final. We reserve the right to remove any training courses from the APHP if we deem fit. If your course is removed.